



Shared information: helpers/caregivers.

Profile of the assisted person newly hospitalised or in long term care:

Date: Name: First name:

Name of care-giver or helper: Name: First name:

Relationship: spouse daughter son granddaughter grandson

cousin friend other specify:

Phone number: home cell

E-mail address:

Name of the CLSC in your district:

What type of care does your loved one receive?

What is your role in supporting your loved one?

What is your major preoccupation and what are your expectations?

Needs of the person requiring care or assistance? Place an X on the appropriate line.

Health Issues:

Diabetes: Difficulty breathing: Heart disease:

Renal insufficiency: Epilepsy: Specify:

Allergies: Specify:

Special diet: Preferred foods:

Nutrition/hydration:

Needs help to eat and drink:

Specify:

How is medication taken:

Elimination:

Any difficulties:

Bladder:

Intestinal:

What helps decrease elimination problems?

What increases elimination problems?

Breathing:

Difficulties identified:

What improves breathing?

What increases difficulty breathing?

Activities: Needs help for:

Walking:

Movement:

Transfers:

Specify:

Uses a walker or other aide:

Recent falls:

Date:

Help needed for personal care?

Bathing:

Shave:

Hair:

Dental care:

Dress:

Undress:

What type of help is needed?

My tips on how to help:

Sleep Habits

Rituals that facilitate sleep:

Helpful tips:

How many hours of sleep are needed to feel rested?

Snoring:

Use of special equipment:

Specify:

What eases or disturbs sleep?

Type of sleep medication:

Nap during the day? If yes time:

length:

Communication:

Hearing difficulties:

Vision problems:

Hearing aid:

Glasses:

Problems related to aids: Specify:

Can easily express needs, emotions: Specify:

What are some tips to facilitate communication:

Pain:

Pain: Describe pain:

What increases pain:

What improves or decreases pain:

Talk about you and this person:

Who is this person to you?

Describe this person before becoming ill: (occupation, habits, pastimes, interests, memorable moments, what this person represents to you.)

Comments: